Menus for September 2024



This institution is an equal opportunity provider Menus are subject to change.

Available Daily

Breakfast (in blue):
Assorted Cereal

<u>Lunch:</u>

Choice of Low Fat Milk

100% Fruit Juice

Choice of Low Fat Milk

*Pork products listed in pink.

HENRY
COUNTY SCHOOLS NUTRITION
Nourishing Student Achievement

LINQ Connect

Online School Meal Payment Portal: Lingconnect.com

Featured Specials of the Day

Monday, September 2



Tuesday, September 3

Mini Cinni Bagel, WG Muffin w/ Yogurt,

1.Cheeseburger, 2.Deli Turkey Sandwich, 3.Garden Salad w/ Chicken, Seasoned Fries, Lettuce & Tomatoes, Mandarin Oranges

Wednesday, September 4

Sausage Biscuit, Breakfast Frudel

1.Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips 3.Grilled Cheese Sandwich, Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, September 5

Blueberry Pancake Stick, WG Muffin w/ Yogurt,

 Orange Chicken & Rice, 2.PBJ/Wow Sandwich w/ Chips, Sweet Peas, Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, September 6

Chicken Biscuit, Frosted Breakfast Pastry

1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,
3. Hot Dog, Whole Kernel Corn, Garden Salad w/ Ranch,
100%Fruit Juice

2024-2025: School School Breakfast Lunch **School Meal Prices** Students Grades K-5 \$1.40 \$2.65 \$2.75 Students Grades 6-12 \$1.40 Student Reduced-Priced Meals \$0.30 \$0.40 **Student Second Meals** \$2.50 \$4.00 **MILK ONLY** \$0.50 \$0.50 **Adult Meals** \$2.50 \$4.00

APPLY ONLINE NOW FOR FREE OR REDUCED PRICE SCHOOL MEALS!



For instructions visit:

www.henry.k12.ga.us/Page/110494











HENRY COUNTY SCHOOLS

Featured Specials of the Day

Monday, September 9

Sausage Biscuit, Chicken Biscuit,

1.Crispitos 2.PBJ/Wow Sandwich w/ Chips,

3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Banana

Tuesday, September 10

Strawberry Mini Pancakes, WG Muffin w/ Yogurt
1.Spicy Chicken Sandwich, 2. Chicken Sandwich
3.Garden Salad w/ Chicken, Garden Salad w/ Ranch,
Potato Tots, Applesauce

Wednesday, September 11

Sausage Biscuit, Mini Bagel w/ Cream Cheese

1.Popcorn Chicken w/ Roll, 2.PBJ/Wow Sandwich w/ Chips 3.Ravioli w/ Roll, Steamed Broccoli, Mashed Potatoes, Local Granny Smith Apple

Thursday, September 12

WG Muffin w/ Yogurt, Breakfast Pizza

1.Beefy Nachos w/ Salsa 2.PBJ/Wow Sandwich w/ Chips, Pinto Beans,

Carrot Sticks w/ Ranch, Frozen Juice Cup

Friday, September 13

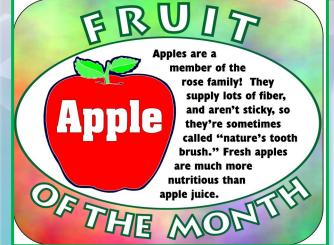
Chicken Biscuit, Frosted Breakfast Pastry

1.Stuffed Crust Pizza, 2.PBJ/Wow Sandwich w/ Chips,

3. Corn Dog, Whole Kernel Corn, Garden Salad w/ Ranch, 100% Fruit Juice, Chocolate Chip Cookie

Please see other page for items available daily

LOCAL HARVEST OF THE MONTH





RIPPLE EFFECT.

Water aids digestion, keeps your skin and other organs healthy, and helps regulate your body temperature. So what's the best way to give your body the water it needs? Easy. Drink fresh, pure

water throughout the day, and try to make a habit of choosing water instead of soda.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER. WELLNESS IS A WAY OF LIFE!



Break Sept. 16th-Sept. 20th

Featured Specials of the Day

Monday, September 23

Sausage Biscuit, Chicken Biscuit,

1.Chicken Sandwich, 2.Mini Corn Dogs, Sweet Potato Fries, Baked Beans, Pineapple Tidbits

Tuesday, September 24

Croissant Turkey Ham & Cheese, Breakfast Bun

1.Cheeseburger, 2.Deli Turkey Sandwich, Seasoned Fries, Lettuce & Tomatoes, Sliced Peaches

Wednesday, September 25

Sausage Biscuit, Mini Bagel w/ Cream Cheese

1.Chicken Nuggets w/ Roll, 2. PBJ/Wow Sandwich w/ Chips 3.Mini Cheese Calzones Steamed Broccoli, Mashed Potatoes, Fresh Apple

Thursday, September 26

Blueberry Mini Pancakes, WG Muffin w/ Yogurt

1.Chicken w/ Mac & Cheese 2.PBJ/Wow Sandwich w/ Chips.
Carrot Sticks w/ Ranch, Green Beans, Frozen Juice Cup

Friday, September 27

Chicken Biscuit, Frosted Breakfast Pastry

1.Lemon Pepper Chicken Wings w/ Roll 2.PBJ/Wow Sandwich w/ Chips, 3. Stuffed Crust Pizza, Whole Kernel Corn, Celery Sticks w/ Ranch, 100% Fruit Juice

Monday, September 30

Sausage Biscuit, Chicken Biscuit,

1.Crispitos 2.PBJ/Wow Sandwich w/ Chips, 3. MaxSnax Tacos, Salsa, Black Beans, Carrot Sticks w/ Ranch, Sliced Pears, Birthday Treat-Ice Cream Cup